

PART# // **BC0031-2**

DESCRIPTION // HONDA H22A STAGE 2

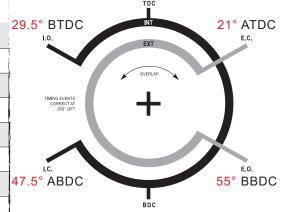
	INTAKE	EXHAUST
ADVERTISED DURATION	310°	308°
ACTUAL CAM LIFT (in/mm)	.486"/ 12.34mm	.465" / 11.81mm
ROCKER ARM RATIO	1.55:1	1.55:1
CENTERLINE	99°	107°
LOBE SEPERATION	103°	
DURATION AT 0.050" CAM	247°	246°
DURATION AT 0.050" VALVE	257°	256°
VALVE CLEARANCE	.006" / .15mm solid	.008" / .20mm solid
RECOMMENDED SPRING KIT	BC0030 or BC0030S	

CAMSHAFT TIMING
AT 0.050" VALVE LIFT

	OPEN	CLOSES
INTAKE	29.5° ATDC	47.5° ABDC
EXHAUST	55° BBDC	21° BTDC



BC does not recommend using synthetic oil during break-in or operartion. Follow OEM manufacturer's torque sequence and specifications. Use liberal amount of aftermarket engine assembly lube during installation. Check follower or bucket surfaces for abnormal wear and/or scuffing. On initial start-up and break-in run engine at 1500-2500 rpm for 20 minutes. Camshafts damaged by improper installation, excessive spring pressure or retainers contacting valve guides or seals are void from warranty. Not legal for sale or use on emission controlled motor vehicles.



NOTES

- Do not use impact/wrench or gun to torque cam gear to cam.
- Torque cam gear bolt to 22 ft lbs using calibrated wrench.
- Aftermarket cams are chilled cast and required less torque.
- If using aftermarket gears, make certain the cam gear bolt is able to engage 3 to 4 threads into body of cam.
- Thicker cam gears will cause the cam gear bolt to only engage the threads in the snout, increasing chance of breakage.

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